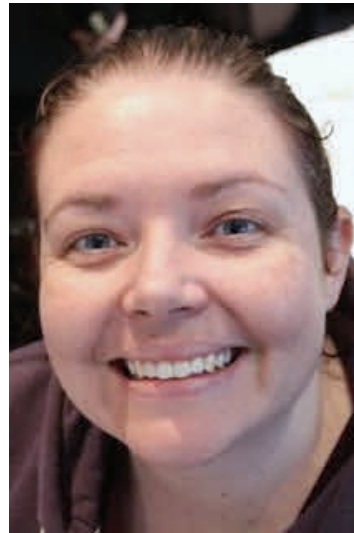


How We Work With The School Counsellor

The SSO does not replace the role of school counsellor. The School counsellor will still work with students who are in crisis, in need of assessment or ongoing counselling.

The SSO will be able to provide follow up support as required.

The SSO is able to refer to the school counsellor to best meet the wellbeing needs of the students.



Your schools SSO is
Stacy Jacobs

Cessnock High School

Aberdare Road

Cessnock, NSW, 2325

Phone: (02) 4990 1977

Fax:: (02) 4991 1815

Email: stacy.jacobs1@det.nsw.edu.au



*Student
Support
Officer*

(02) 4990 1977

What We Do

As a Student Support Officer (SSO) our role is to support students and their families through their time at High School.

We will do this by;

- Working with individual and small groups of students to develop effective coping skills and positive relationships at school and at home.
- Develop and implement anti-bullying initiatives with particular reference to cyber bullying and social networking e.g. Facebook.
- Being actively involved in school community activities to promote positive relationships with staff and students.
- Encourage and assist in the transition process for students from primary to high school.
- Connecting students and families to outside organisations and community activities.
- Promote and educate students about health and wellbeing.

How We Do It

Within the role of SSO our main priority is the students. To promote their healthy wellbeing, we undertake the position of advocate, listener and mentor.

We empower the students by:

- Teaching resilience, coping strategies, responsibility and safe behaviours.
- Encourage goal setting and organisation.
- Educate students about stress reduction techniques.
- Take a whole school approach to anti-bullying by developing and implementing programs for all year levels.
- Working with outside organisations to make the connection between individuals, family, school and community .
- Being involved in a student's transition from primary to high school.
- Encourage positive relationships with students and staff.

Referral Process

Students can be referred to the SSO by the Principal, Deputy Principals, Head Teacher Welfare.

Students are able to come to the SSO's office during the school day and request an appointment time at lunch or recess.

The SSO will also work with groups of students and classes to look at issues that are impacting on their group or school year for example mental health, anti bullying or resilience.

Families are able to make self referrals for assistance in referrals to community services agencies by ringing the main office and asking for the Student Support Officer.